

# Professional Development

REGISTER ONLINE!  
childcarerockland.org

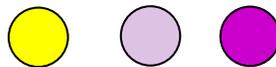
Child Care Resources of Rockland, Inc.

**APRIL IS THE MONTH OF THE YOUNG CHILD  
AND CCRR WANTS TO CELEBRATE WITH YOU!**

To promote quality of care for young children, we are proud to provide seminars during the month of April at NO charge (see pages 4 and 5). \*

**YES, THAT'S ONE WHOLE MONTH OF FREE TRAINING!**

*- This Opportunity is Funded by Assembly Member Ken Zebrowski -*



\*Does not include MAT, Health and Safety, or Red Cross Training

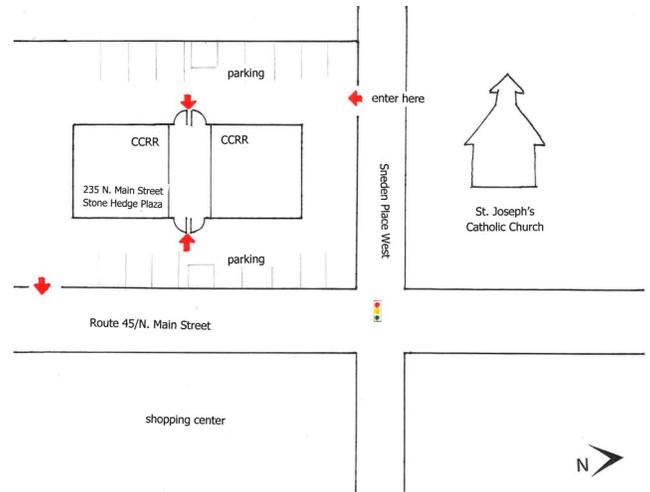
**January-June 2019 TRAINING CALENDAR**

**NEW TRAINING POLICIES! SEE PAGE 13.**

# Additional Seminar Topics

# Our Location

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**Address:** 235 N. Main St., Suite 11, Spring Valley, NY 10977

**From the NYS Thruway Exit 14 (Spring Valley; Route 59)** Stay to the right and turn right onto Rt.59 West. Go through several lights, then make a right at top of the hill onto Rt. 45.

Stay on Rt. 45 through the village of Spring Valley. Pass the intersection of Maple and Rt. 45; the Salvation Army will be on the left. In one mile, turn left at the light onto Sneden Place West, (directly across from the entrance to a shopping center) then turn left into Stone Hedge Plaza. Enter through double doors in the center of building. Proceed to Suite 11.

**South on Palisades Interstate Parkway (Route 45) Exit 12** Bear right onto Rte. 45 for approximately 4 miles. This will take you through several stoplights and past Hillcrest Shopping Center on the right. Turn right onto Sneden Place West. Follow directions above.

**North on Palisades Interstate Parkway (Route 45) Exit 12** Turn left onto Conklin Rd. and turn left at the traffic light onto Rte. 45. Follow directions above.



**Child Care Resources of Rockland, Inc.**  
 235 N. Main Street, Suite 11, Spring Valley, NY 10977  
 p: 845-425-0009 | f: 845-425-5312  
 info@rocklandchildcare.org | childcarerockland.org  
 Office Hours: M-F 8:30 am –5:00 pm



*Our mission is to promote, support and enhance the healthy development of all children by:*

- ◇ Providing resource and referral services for families seeking accessible, affordable, quality early childhood and school age care and education;
- ◇ Offering training, support and resources to the early care and education workforce as well as public and private schools;
- ◇ Connecting with business leaders and public officials to emphasize the value of quality child care to the economic vitality of Rockland County;
- ◇ Advocating for increased investment in quality child care and education;
- ◇ Collaborating with strategic partners to enhance our collective abilities to address the needs of the community now and in the future.



Child Care Resources of Rockland, Inc. is a contract agency of the County of Rockland, NYS Office of Children and Family Services, NYS Education Department, NYS Department of Health, and the United Way of Rockland County. Additional funding for Special Needs Services is provided by Family Support Services and the NYS Office of People with Developmental Disabilities.



# TAKE A LOOK—SEMINARS AT A GLANCE!

## —OCFS REQUIRED TOPIC TRAININGS—

### 1. CHILD DEVELOPMENT

- Health & Safety for Center/SAC Directors
- Behavior Basics: Strategies that Work
- Moving Beyond Themes to a Deeper Way of Planning
- Eco-Healthy Child Care: Plastic and Plastic Toys in the Child Care Environment
- Making Story Time Fun for You and the Children!
- All About the Schedule
- The Nyack Basics: See Page 6

### 2. NUTRITION AND HEALTH

- Health & Safety Training for F/GFCCP and Center/SAC Directors
- Medication Administration Training
- Eco-Healthy Child Care: Plastic and Plastic Toys in the Child Care Environment

### 3. PROGRAM DEVELOPMENT

- Medication Administration Training
- Health and Safety for Center/SAC Directors
- Moving Beyond Themes to a Deeper Way of Planning
- All About the Schedule
- Training for Trainers: See Page 11
- Making Story Time Fun for You and the Children!
- The Nyack Basics: See Page 6

### 4. SAFETY AND SECURITY

- Health & Safety Training for F/GFCCP and Center/SAC Directors
- Medication Administration Training

### SAFETY AND SECURITY CONTINUED...

- All in the Family! Teachers and Parents Working Together
- The Nyack Basics: See Page 6

### 5. BUSINESS

- Health & Safety Training for F/GFCCP and Center/SAC Directors
- When Was the Last Time You Sat on a Baby?
- Sexual Harassment Prevention Training
- Training for Trainers: See Page 11

### 6. CHILD ABUSE & MALTREATMENT IDENTIFICATION AND PREVENTION

- Health & Safety Training for F/GFCCP and Center/SAC Directors
- Reviewing Child Abuse, Maltreatment, and Shaken Baby Syndrome

### 7. STATUTES AND REGULATIONS PERTAINING TO CHILD CARE

- Health and Safety Training for F/GFCCP
- Medication Administration Training
- Behavior Basics: Strategies that Work

### 8. STATUTES AND REGULATIONS PERTAINING TO CHILD ABUSE

- Reviewing Child Abuse, Maltreatment, and Shaken Baby Syndrome
- Health and Safety Training for F/GFCCP

### 9. SHAKEN BABY SYNDROME

- Reviewing Child Abuse, Maltreatment, and Shaken Baby Syndrome
- Health and Safety Training for F/GFCCP and Center/SAC Directors

All seminars are held at our office and start promptly! **Please plan to arrive early and be ready to go**, as no one will be admitted once a seminar has begun!

**DON'T FORGET YOUR LOYALTY CARD!**  
DON'T HAVE ONE? ASK YOUR TRAINER.



**TRAINING LOYALTY PROGRAM**

Take 5 trainings, receive your 6th training free!

① ② ③ ④ ⑤ FREE

# Professional Development Seminars

**SEMINAR FEE: \$15 CCRR MEMBERS / \$70 NON MEMBERS • SEMINARS NOT ELIGIBLE FOR EIP FUNDING**

## Tuesday, February 26, 6:30-8:30 pm—WHEN WAS THE LAST TIME YOU SAT ON A BABY? UNDERSTANDING YOUR ROLE AS AN EARLY CHILDHOOD PROFESSIONAL

Let's discuss what it means to be an early childhood professional and the practices that are associated with professionalism. See what NAEYC (the early childhood professional association) says about professionalism!

Trainer: Debbie Silver  
OCFS: 5 | CDA: M  
Target Audience: All  
Level: I, II  
CBK: f

## Monday, March 11, 6:30-8:00 pm (note ending time) — SEXUAL HARASSMENT PREVENTION TRAINING NEW! NEW YORK LABOR LAW – EFFECTIVE OCTOBER 9, 2018

Did you know that every employer is required to provide employees with a sexual harassment prevention training on an annual basis and every program employee is required to take a sexual harassment prevention training annually? This seminar will cover identifying, responding to, and reporting all forms of sexual harassment. Make sure you are in compliance with the law! **Special fee: \$10 for CCRR Members**

Trainer: Haiana Doro  
OCFS: 5  
CDA: M  
Target Audience: All  
Level: All  
CBK: f

## Tuesday, April 2, 6:30-8:30 pm MOVING BEYOND THEMES TO A DEEPER WAY OF PLANNING

Take a deeper dive into planning developmentally appropriate preschool activities. We will discuss the fundamental differences between a theme oriented curriculum and what is called the Project Approach. Participants will learn about the immense value of using the Project Approach in their work with young children through discussion, hands-on activities, and video segments. **FREE! Thanks to funding from Assembly Member Ken Zebrowski**

Trainer: Bonnie Parsekian  
OCFS: 1, 3  
CDA: C, E  
Target Audience: FG, D, PS, SA, LE  
Level: I, II  
CBK: a, d

## Monday, April 8, 6:30-8:30 pm—ECO-HEALTHY CHILD CARE: PLASTIC AND PLASTIC TOYS IN THE CHILD CARE ENVIRONMENT

Learn steps that you can take to protect children and yourself from unsafe plastic products including toys, dish ware and baby bottles. Please bring a few small plastic toys that are a favorite at your program. We will inspect them and apply information from the Eco-Healthy Child Care program to see how safe they really are. You may be surprised! **FREE! Thanks to funding from Assembly Member Ken Zebrowski**

Trainer: Kristin Saunders  
OCFS: 1, 2  
CDA: A, B  
Target Audience: All  
Level: All  
CBK: a, e

## Monday, April 15, 6:30-8:30 pm REVIEWING CHILD ABUSE, MALTREATMENT AND SHAKEN BABY SYNDROME

Everyone employed in a child care program is a mandated reporter of suspected child abuse and maltreatment. Although we take this training regularly, children are still at risk because adults fail to report their suspicions. This workshop will cover child abuse, maltreatment, and shaken baby facts and will help clarify any confusion and misunderstandings of child care regulations. **FREE! Thanks to funding from Assembly Member Ken Zebrowski**

Trainer: Elaine Trotta  
OCFS: 6, 8, 9  
CDA: A, L  
Target Audience: All  
Level: All  
CBK: e, g

Professional Development Seminars continued. **SEMINAR FEE: \$15 CCRR MEMBERS / \$70 NON MEMBERS | DUE WHEN REGISTERING**

<p><b>Wednesday, April 17, 6:30-8:30 pm</b>  <b>MAKING STORY TIME FUN FOR YOU AND THE CHILDREN!</b></p> <p>Why is reading to children important? What are some strategies you can use to make story time and reading to children fun? Practice some interactive story time strategies. Bring a favorite book to share! <b>FREE! Thanks to funding from Assembly Member Ken Zebrowski</b></p>	<p>Trainer: Ellen Mitchell                  OCFS: 1, 3                  CDA: C, E                  Target Audience: T, PS                  Level: I, II                  CBK: d</p>
<p><b>Wednesday, May 1, 6:30-8:30 pm- BEHAVIOR BASICS: STRATEGIES THAT WORK</b></p> <p>Do you ever wonder why some children easily follow along while others seem to resist? Do you know the difference between restraint and intervention? Come learn the basic dos and don'ts of managing behavior and how to get young children to follow your lead and join in during activities. This session will cover how to encourage those positive behaviors and discourage the behaviors that interfere with your day with simple and practical ideas that work!</p>	<p>Trainer: Barbara Kestenbaum, Professional Development Specialist, Early Childhood Direction Center                  OCFS: 1, 7   CDA: J                  Target Audience: PS                  Level: I, II                  CBK: a, c</p>
<p><b>Wednesday, May 8, 6:30-8:00 pm (note ending time) — SEXUAL HARASSMENT PREVENTION TRAINING NEW! NEW YORK LABOR LAW – EFFECTIVE OCTOBER 9, 2018</b></p> <p>Did you know that every employer is required to provide employees with a sexual harassment prevention training on an annual basis and every program employee is required to take a sexual harassment prevention training annually? This seminar will cover identifying, responding to, and reporting all forms of sexual harassment. Make sure you are in compliance with the law! <b>Special fee: \$10 for CCRR Members</b></p>	<p>Trainer: Haiana Doro                  OCFS: 5                  CDA: M                  Target Audience: All                  Level: All                  CBK: f</p>
<p><b>Tuesday, May 14, 6:30-8:30 pm- ALL ABOUT THE SCHEDULE</b></p> <p>Why is it important to have a schedule of the day for your program/classroom? What should it contain? Will children follow the schedule? Does it address all of the children's needs? What is your role in a well-balanced schedule? Get the answers to these questions and more in this interactive workshop. Once your schedule is appropriate and in place, all other parts of your program will be successful!</p>	<p>Trainer: Rachel Ambroziak                  OCFS: 1,3                  CDA: A, B                  Target Audience: PS                  Level: I                  CBK: a, d</p>
<p><b>Tuesday, June 4, 6:30-8:30 pm</b>  <b>ALL IN THE FAMILY! TEACHERS AND PARENTS WORKING TOGETHER</b></p> <p>It is often said that, parents are a child's first teacher, so we need to develop a relationship with parents to work as a team to promote their child's development. But how? This seminar will examine some of the reasons why it is important, how to work together when difficulties might arise, and what strategies we can use to work more closely with a child's family.</p>	<p>Trainer: David Del Campo                  OCFS: 4                  CDA: K                  Target Audience: All                  Level: I                  CBK: b</p>

**SCHOLARSHIP FUNDING** for Red Cross Trainings, CDA, Health and Safety Training for Directors, and Health and Safety Training for Centers and School Age Staff, may be available through the Educational Incentive Program (EIP). For more information or to apply for a scholarship, please visit: [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu). You may also contact EIP at [eip@albany.edu](mailto:eip@albany.edu) or 800-295-9616.

# The Nyack Basics!

**DID YOU KNOW...** 80% of brain growth happens in the first three years of life? This early learning becomes the foundation for *all* future learning!

*The Nyack Basics Campaign* is helping to ensure all parents and caregivers know what they can do for babies to learn and thrive. *The Basics* are five evidence based, fun, simple, and powerful ways to help all children aged 0-3 grow to be happy and successful.



**CCRR is pleased to continue to share the Basics with child care providers. Learn what you can do to help the children in your care thrive and learn.**

**YOU DON'T HAVE TO LIVE OR WORK IN NYACK TO BE PART OF THIS EXCITING MOVEMENT**  
Register for this three-part series and help the children in your care learn and thrive!



**Count, Group, and Compare**—Wednesday, February 13, 6:30 - 8:30 pm

Each of us is born to be a *math person*. Activities like noticing amounts and patterns, and comparing sizes and shapes can help infants and toddlers make sense of their world. See how you can teach children to do math as you sing and play together!



**Explore through Movement and Play** —Wednesday, March 27, 6:30 - 8:30 pm

Movement and play keep children healthy and build their coordination and strength. Discover how you can teach children about their world as they move and play! Young children are like scientists – curious and excited to learn about their surroundings. See where a child's curiosity can take them and how you can build on their interests.



**Read and Discuss Stories** —Wednesday, June 5, 6:30 - 8:30 pm

It's never too early to begin reading to a child! Reading is one of the most important things you can do to build a child's vocabulary and develop their love of words. Reading, looking at books, or sharing stories is a time to connect. Explore how to make reading time interactive even with our youngest children, and how to create your stories without a book!

Trainer: Ines Ortiz | OCFS: 1, 3, 4 | CDA:E, F, K | Target Audience: All | Level: All | CBK: a, d

**\$15 FOR ONE SEMINAR/\$25 FOR THE SERIES—CCRR MEMBERS / \$70 FOR ONE SEMINAR/\$100 FOR THE SERIES—NON MEMBERS**

**All seminars start promptly. No one will be admitted once a seminar has begun, so please plan accordingly.**

## Open a Family/Group Family Child Care Program in Your Home!

### Choose a date and learn more!

**Tuesdays: January 8 | March 5**  
**May 7 | July 9**  
**10:00 am-12:00 pm**

Join us for a **FREE Orientation and Information Session** and learn what you need to know and do in order to open a child care program in your home.

Priscilla Blanco: 845-425-0009, x487  
[priscillab@rocklandchildcare.org](mailto:priscillab@rocklandchildcare.org)  
Training certificates not provided.

## START A CHILD CARE CENTER OR AFTER SCHOOL PROGRAM

### WE WILL HELP YOU GET OFF TO A GOOD START!

We'll look at an initial application, timelines, inspection agencies, policies, and more!  
Once you complete the orientation, we will request an application for you!

*Set up an appointment; it's free!*  
**Call Elaine today!**

845-425-0009, x421 | [elainet@rocklandchildcare.org](mailto:elainet@rocklandchildcare.org)

Training certificates not provided.

## What is CACFP?

Learn how CACFP can make a difference in the quality of your program!

### ATTEND A FREE RECRUITMENT SESSION

Choose one date:

**Thursday, January 3**  
**Monday, March 4**  
**Wednesday, May 1**  
**6:30-8:30 pm**



**Family Child Care and Group Family Child Care Providers** who wish to participate in the **Child and Adult Care Food Program (CACFP)** are welcome to join our CACFP Coordinator, Teresa Ortega, for a two hour information session. CACFP is a government reimbursement program funding meals and snacks that are given to children in child care. (Training Certificates are not provided.)

**Target Group:** FG. **Levels:** All. **Fee:** No charge to potential CACFP Family/Group Family Child Care Providers and their key staff.

### Questions About CACFP?

Please contact **Teresa Ortega:** 845-425-0009, x633  
[teresaort@rocklandchildcare.org](mailto:teresaort@rocklandchildcare.org)



## DISTANCE LEARNING

**Available 24 Hours a Day, 365 Days a Year**

**BROUGHT TO YOU BY CHILD CARE RESOURCES OF ROCKLAND AND SMART HORIZONS**

Courses are designed to help early childhood professionals complete OCFS training requirements or CDA renewals. For a list of trainings, fees, and registration instructions, please go to: <http://www.smarthorizons.org/landing/rock>

If you have any questions, please call Debbie Silver at CCRR: 845-425-0009, x459.

# Seminarios En Español

<p><b>Regulaciones, Políticas de Negocios e Impuestos, Oh My!</b>  <b>Jueves 10 de Enero, 2019 Horario: 18:30- 20:30 horas</b></p> <p>Su trabajo como Proveedora no es solo el mantener la salud y seguridad de los niños que atienden su programa. Usted también usa una porción de su día para mantenerse en cumplimiento con las Regulaciones y sus políticas. Examine errores comunes que las proveedoras hacen en su declaración de impuestos lo que podría resultar en multas. Explore sus responsabilidades en el manejo de su negocio, incluyendo administración, políticas e impuestos.</p>	<p>Entrenadora: Maria Rivas                  OCFS: 5, 7                  CDA: L, M                  Beneficiarios: Todos                  Nivel: I, II                  CBK: f, g</p>
<p><b>Apoyando a los Niños Aprendices de dos Idiomas.</b>  <b>Martes 12 de Marzo, 2019, Horario: 18:30 – 20:30 horas</b></p> <p>El crear un entorno educacional que apoye a los niños aprendices de dos Idiomas, incluyendo actividades apropiadas y asociación con sus familias, le provee una oportunidad única de promover el futuro académico de los niños en forma exitosa. En este taller usted aprenderá los diferentes pasos que atraviesan los niños aprendices de dos o más idiomas e identificará estrategias para trabajar con ellos.</p>	<p>Entrenadora: Maria Rivas                  OCFS: 1, 3, 4                  CDA: C, K                  Beneficiarios: FG, IT, PS                  Nivel: I, II                  CBK: a, d</p>

Costo de cada Seminario: \$15 miembros de CCRR, \$70.00 no miembros de CCRR. Todos los entrenamientos serán ofrecidos en: CCRR, 235 N. Main St., Spring Valley, NY 10977. Si tiene alguna pregunta favor de llamar a María E. Rivas al 845-425-0009 x455 o enviar un correo a: [maria@rocklandchildcare.org](mailto:maria@rocklandchildcare.org). Estos entrenamientos califican para becas proveídas por SUNY EIP

## Free SUNY Videoconference Trainings

The New York State Office of Children and Family Services (OCFS) funds videoconference trainings, produced by the SUNY Early Childhood Education and Training Program.

Child Care Resources of Rockland facilitates these free, live broadcasts at our office, evenings: 6:45-9:15pm.

For dates, topics, and to register for a videoconference, please call 1-518-443-5940 or visit [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu)

## TRAINING FOR YOUR STAFF ON-SITE • PERSONALIZED • SPECIFIC • FUN CHILD CARE CENTERS AND SCHOOL AGE PROGRAMS



**Personalized training based on the needs and interests of your staff, delivered at a day and time convenient for you!**

*We'll come to you!* Up to 2 hours, up to 25 people  
 CCRR members \$250, non-members \$600  
 Additional participants \$5 pp | Longer seminars available!

Contact Debbie Silver: 845-425-0009 x459

[debbies@rocklandchildcare.org](mailto:debbies@rocklandchildcare.org)

# Medication Administration Training and American Red Cross Trainings



**New MAT registration procedure. See page 10.**

## Medication Administration Training (MAT)

**OCFS:** 2, 3, 4, 7 **CDA:** A, B **Target Audience:** All  
**Level:** All **CBK:** e, f, g **Trainer:** Kristin Saunders

This course is required by OCFS for child care providers to administer medications to children in their programs. You will learn proper medication practices, proper documentation, and proper storage practices. Participants are eligible for a rebate from SUNY Albany Professional Development Program: Contact SUNY at 866-295-9616.

**MAT Classroom Course:** This eight hour course is taught in the classroom over two days. Participants will be tested on the three MAT demonstration competencies: Liquid Measure, Randomized Skills, and the administration of the epinephrine auto-injectors (EpiPen and Auvi-Q). A written test is given the last day of the class. *A certificate for 8 training hours available after completion.*

**Dates:** Wednesday, Feb. 6 & Friday, Feb. 8  
**Time:** 9:00 am– 1:30 pm (includes time for lunch) *OR*  
**Dates:** Monday, April 29 & Tuesday, April 30  
**Time:** 4:30-9:00 pm *OR*  
**Dates:** Monday, June 17 & Wednesday, June 19  
**Time:** 4:30-9:00 pm

**Fee:** \$190 members/\$240 non-members\* **Rebate:** \$100

## Competency Testing: 3rd Time Renewal:

If you renewed your MAT certification twice consecutively online, you will need to have your skills assessed by a MAT trainer to complete your third renewal. You will take the online renewal first and then meet with the MAT trainer to be tested on the three MAT Demonstration Competencies: Liquid Measure, Randomized Skills, and the administration of the epinephrine auto-injectors (EpiPen and Auvi-Q). A one hour certificate is provided.

**Fee:** \$90 member/\$130 non-member\* **Rebate:** \$70  
Call Kristin Saunders to schedule: 845-425-0009, x493

## MAT Independent Study

A review of class materials online and a meeting with a trainer to review and practice prior to testing session, which includes the MAT Demonstration Competencies and a written exam. *A certificate for 8 training hours available after completion. Review materials. Failure to review may result in rescheduling and additional fees.*

**Dates/Times:** Monday, January 14, 5:00-9:00 pm,  
Tuesday, March 12, 9:00 am– 1:00 pm, or  
Monday, May 13, 5:00-9:00 pm

**Fee:** \$125 members/\$175 non-members **Rebate:** \$70

**American Red Cross Trainings** NYS OCFS regulations for all modalities require that every program have a person certified in CPR and First Aid on-site at all times. Certification is valid for 2 years.

As per ARC policy, we are unable to admit anyone into the class once it has begun, Please be on time! Limited to 10 participants. Eligible for EIP funding.

**Please Note:** Community CPR and the Community CPR review are offered together AND completed in one session. AED training is included.

## CPR and First Aid Dates/Times

**Trainers:** Teresa Ortega, Bonnie Parsekian,  
Maria Rivas, Edna Saravia, Kristin Saunders

### Community CPR—6:30-9:30 pm

Tuesday, Feb. 12      Tuesday, April 9  
Tuesday, June 11

**Spanish CPR—6:30-9:30 pm:** Monday, February 4

### First Aid —6:30-9:30 pm

Thursday, Feb. 28      Tuesday, April 16  
Tuesday, June 18

**Spanish First Aid —6:30-9:30 pm:** Monday, Feb. 11

**First Aid or CPR Fee:** \$60 member/\$90 non-member

**OCFS:** 2, 4 **CDA:** A **Target Audience:** All  
**Level:** All **CBK:** e, f, g

# Required Health and Safety Training

## IMPORTANT! REGISTRATION PROCEDURE FOR HEALTH & SAFETY AND MAT!

To register you must first create an account with The Early Childhood Professional Development Program (PDP) and then register here: <https://www.ecetp.pdp.albany.edu/index.asp>

### Health and Safety Training to Become a Family/Group Family Child Care Provider

This pre-service series of classes is required for Family Child Care registration and Group Family Child Care licensing. Topics include health, safety, food safety, supervision, statutes and regulations pertaining to child care, child abuse and maltreatment identification and prevention, statutes and regulations pertaining to child abuse, special infant issues (Sudden Infant Death Syndrome & Shaken Baby Syndrome), and infection control.

Providers may attend the entire series, or attend individual classes if training hours are needed. Please call for rates.

**Trainers:** James Callahan, David Del Campo, Maria Rivas, Edna Saravia

#### Health & Safety for NEW F/GFCCP | Dates + Times:

Feb 5, 7, 12, 14, 26, 28, 6:00– 9:30 pm

April 8, 9, 16, 9:30 am-4:00 pm—Bring lunch!

June 4, 5, 11, 12, 18, 19, 6:00 – 9:30 pm

**Spanish:** March 4, 5, 7, 11, 12, 14, 6:00– 9:30 pm

**Cost:** \$235 + \$35 non-refundable registration fee

**OCFS:** 2, 4, 5, 6, 7, 8, 9 **CDA:** A, B, L | **Target:** FG

**Level:** All | **CBK:** e, f, g

### Health and Safety Training for Center and School Age Directors and Legally Exempt Directors

This REQUIRED series will help new directors look at policies and procedures that reinforce high quality health and safety practices. Must attend entire series to receive credit!

**Trainer:** David Del Campo

#### Health and Safety for Directors | Dates + Times

**Series 1:** January 15, 4:00-7:00 pm; Jan. 17, 4:00-9:00 pm; Jan. 22, 4:00-7:00 pm; Jan. 24, 4:00-8:00 pm

**Series 2:** May 7, 4:00-7:00 pm; May 9, 4:00-9:00 pm; May 14, 4:00-7:00 pm; May 16, 4:00-8:00 pm

**Cost:** \$235 + non-refundable \$35 registration fee  
This series is eligible for EIP funding.

**OCFS:** 1, 2, 3, 4, 5, 6, 9

**CDA:** L | **Target:** D | **Level:** All | **CBK:** a, d e, f, g

**Cell Phone Policy:** Please refrain from cell phone use during meetings and trainings, as a courtesy to the facilitator and fellow participants. We ask that your phone be put away or kept in silent mode, except during break time.

**Thank you for your understanding.**

## Training for Trainers—5 Part Series

**Do you lead meetings, create workshops or would like to learn how to present trainings? Want to refresh your training skills?** The *Training for Trainers* series focuses on training strategies and techniques, adult learning principles, writing goals and objectives, and dealing with challenging participants. (Please note that this is not a trainer’s credentialing course.)

**PRINCIPLES OF ADULT LEARNING AND LEARNING STYLES**—Monday, January 14

**WRITING WORKSHOPS, WORKSHOP GOALS AND OBJECTIVES** —Tuesday, January 22

**ACTIVE LEARNING TECHNIQUES; WRITING AGENDAS**—Monday, January 28

**DEALING WITH CHALLENGING PARTICIPANTS**—Tuesday, February 5

**PRESENTATION PRACTICE**—Tuesday, February 12

Time: 9:00 – 11:30 am | \$75 CCRR Members/ \$150 Non-members for the series.

You may attend individual sessions. Fee: \$20 CCRR Members/\$80 Non-members

Trainer: Debbie Silver | OCFS: 3, 5 | CDA: L | Target Audience: All | Level: All | CBK: g

~ Especially for Parents and Grandparents ~

## DE-STRESSING CHILDREN

with Ellen Mitchell, M.A.Ed. • Wednesday, May 15, 7:00-8:30 pm

Are your children frequently crying, tired, squabbling, whining, tantruming?  
Is this normal childhood behavior, or are they as stressed out as you?

THIS SEMINAR WILL FOCUS ON THE IMPORTANCE AND BENEFITS OF REDUCING STRESS AND TECHNIQUES TO HELP CHILDREN AND PARENTS/GRANDPARENTS COPE MORE EFFECTIVELY WITH DAILY CHALLENGES.



**This seminar is FREE!**

*Funded by the Office for People with Developmental Disabilities*

Child Care Resources of Rockland  
235 North Main Street  
Spring Valley, NY 10977  
845-425-0009  
info@rocklandchildcare.org  
No certificates will be given.



# Networks and Trainings

## CENTER DIRECTORS

**Wednesday, February 27 OR Wednesday, March 13  
9:00-10:30 am — SEXUAL HARASSMENT PREVENTION  
TRAINING NEW! NEW YORK LABOR LAW – EFFECTIVE  
OCTOBER 9, 2018**

Did you know that every employer is required to provide employees with a sexual harassment prevention training on an annual basis and every program employee is required to take a sexual harassment prevention training annually? This seminar will cover identifying, responding to, and reporting all forms of sexual harassment. Make sure you are in compliance with the law!

**Special rate!** \$10 for CCRR Members | \$70 Non-members  
Trainer: Haiana Doro  
OCFS: 5 | CDA: M | Target Audience: D | Level: All | CBK: g

**RECEIVE TRAINING ON TOPICS YOU CHOOSE, NETWORK WITH YOUR PEERS, AND RECEIVE A TRAINING CERTIFICATE.**

Interested in sharing your program with other providers?  
Contact Debbie Silver: 845-425-0009, x459  
debbies@rocklandchildcare.org

## FAMILY/GROUP FAMILY PROVIDERS

**DATES, TOPICS, & LOCATION TBA, 7:00-9:00 pm**  
\$15 CCRR Members/\$70 Non-members

Meet with other family and group family child care providers to network and discuss common issues in your program. What's worked? What hasn't? Is it discipline? Curriculum? Activities? Families? See that you are not alone as you strategize with other providers in an informal setting.

## SCHOOL AGE CARE DIRECTORS

**DATES, TOPICS, & LOCATION TBA, 10:00 am-12:00 pm**  
\$15 CCRR Members/\$70 non members

Meet with other school age care directors and site supervisors to network and discuss common issues in your program. What's worked? What hasn't? Is it discipline? Curriculum? Activities? Families? See that you are not alone as you strategize with other providers in an informal setting.



## CELL PHONE POLICY

Please refrain from cell phone use during meetings and trainings, as a courtesy to the facilitator and fellow participants. We ask that your phone be put away or kept in silent mode, except during break time.



Thank you for your understanding.

## CDA at Child Care Resources of Rockland

**SERVICES TO ASSIST YOU IN RECEIVING THE CDA CREDENTIAL:**

**CDA Courses** – online and face to face

**CDA Practicum** – support for completing your CDA Professional Portfolio

**CDA Application** - support when applying for the credential

WE PROVIDE CDA PROFESSIONAL DEVELOPMENT SPECIALISTS, CDA RENEWAL SUPPORT, AND TRAININGS THAT MEET ALL CDA REQUIREMENTS

**Please contact Ellen Mitchell, CDA Coordinator:**  
845-425-0009 x456 or [ellenm@rocklandchildcare.org](mailto:ellenm@rocklandchildcare.org)

# Important Training Policies

## Registration, Fees, and Payment

Advance registration and pre-payment are required to enroll in a training and receive a certificate upon completion.

You must submit the EIP award notification to us prior to the seminar or provide full payment – cash, check, or credit card. Be sure to apply for EIP 3-4 weeks before a seminar. If you pay in advance, a refund will be issued upon receipt of EIP award notification.

Seminar fees are \$15 for members and \$70 for non-members, except where noted. Rates **do not** apply to: American Red Cross Training, Health and Safety, or MAT.

Please completely fill out a separate registration form for each person. Keep a copy for your records.

Phone registrations will not be accepted without credit card payment. We accept Visa, MasterCard, and Discover. There is a \$30 fee for returned checks.

## Training Certificates and Records

You are responsible for maintaining your certificates and records. There is a \$5 fee for duplicate certificates, and a \$10 fee for computer-generated training records (both waived for CCRR members).

**It is mandatory you arrive on time and remain for the entire seminar to receive credit and a certificate. All seminars start promptly. No admittance once a seminar begins. Plan accordingly as you must be on time.**

Regardless of whether a seminar's duration runs longer or shorter than scheduled, your certificate will reflect the advertised number of hours.

## SUNY Videos

Participants must arrive at 6:45 pm. No one will be allowed to enter once the video begins (SUNY requirements).

## American Red Cross Training

Participants must arrive at least 15 minutes before start time. **American Red Cross policies do not allow us to admit anyone once the training has begun.** Certificates are emailed within one week to those participants who have successfully completed the training. Duplicate certificates will require a \$5 fee (waived for CCRR members).

## CDA Renewal

There is a \$10 administration fee for CEU transcripts for CDA renewal (waived for CCRR members).

## Photo Image Consent

I understand that any photograph, video recording, audio recording or other electronic or digital method of recording my likeness taken of me by Child Care Resources of Rockland (hereinafter "CCRR"), its employees or agents while I attend a professional development and/or training program sponsored by CCRR may be used by CCRR for advertisement, publicity or information distribution. I hereby irrevocably authorize CCRR to copy, publish, exhibit or distribute in any legal manner, any and all images, videos, audio recordings and electronic or digital recordings in which my likeness appears.

## Cell Phone Policy

Please refrain from cell phone use during meetings and trainings, as a courtesy to the facilitator and to your fellow participants. We ask that your phone be put away or kept in silent mode, except during break time.

## Confirmations

Confirmation calls will not be made. Your registration form and your cancelled check will serve as your confirmation. You may call 845-425-0009, x0 to confirm that your registration has been received.

## Credits, Refunds, and Cancellations

There are **NO** refunds or rescheduling for missed classes. We reserve the right to cancel any seminar. If classes are cancelled due to low enrollment, or inclement weather, participants will be notified by telephone. A full refund will be issued or participant can choose to register for another seminar. Be sure to include a phone number where you can be reached in case of a seminar cancellation.

**In case of inclement weather**, listen to radio station WHUD (FM 100.7) or go to cancellations.com. The decision to cancel any evening seminar will be made by 2:00pm on the day of the seminar. If you do not receive a call by 2:00pm, you may call 845-425-0009, x0 before 5:00pm to check on that evening's activities.

## Children

Children and babies are not permitted at any training. Child care is not provided, nor do we allow children in the office during trainings. We understand that this may be a hardship, but kindly request you do not place us in a position where we must deny you access.



# Navigating *Child Care Resources of Rockland's* Professional Development Schedule



## OCFS

1. Child Development
2. Nutrition and Health
3. Program Development
4. Safety and Security
5. Business
6. Child Abuse, Maltreatment Identification & Prevention
7. Statutes and Regulations Pertaining to Child Care
8. Statutes and Regulations Pertaining to Child Abuse
9. Shaken Baby Syndrome

## CDA Functional Areas

- A. Safe
- B. Healthy
- C. Learning Environment
- D. Physical
- E. Cognitive
- F. Communication
- G. Creative
- H. Self
- I. Social
- J. Guidance
- K. Families
- L. Program Management
- M. Professionalism

## Target Audiences

- |     |                                |
|-----|--------------------------------|
| FG  | Family/Group Family Providers  |
| D   | Directors                      |
| IT  | Infant/Toddler staff/providers |
| PS  | Preschool staff/providers      |
| SA  | School Age staff/providers     |
| LE  | Legally Exempt providers       |
| ALL | All audiences                  |

## CBK - Core Body of Knowledge

- a. Child Growth and Development
- b. Family and Community Relationships
- c. Observation and Assessment
- d. Environment and Curriculum
- e. Health, Safety and Nutrition
- f. Professionalism and Leadership
- g. Administration and Management

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## Competency Levels

Seminars are designed to meet the competency levels of participants at different stages of professional development based on the information provided in the NYS Early Care and Education Core Body of Knowledge Framework.

**Level I:** Commitment to a career in early care and education; contributes to and assures maintenance of a safe and nurturing environment; learns about children and families through participation in professional development activities; receives ongoing supervision from someone at a high level.

**Level II:** Consistently exhibits practices grounded in theories of growth, development, and learning; works cooperatively with others, establishes good mentoring relationships, and sometimes provides direct supervision; participates in formal study leading to a degree and/or certificate; refines their knowledge through guided and reflective experience with young children and families.

**Level III:** Extensive academic preparation and experience in the field; responsible for mentoring at other levels; possesses the ability to provide new resources in the development of theory and innovative practice; demonstrates a mastery of developmentally appropriate practices.

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**All seminars start promptly. No one will be admitted once a seminar has begun, so please plan accordingly.**

**Child Care Resources of Rockland, Inc.**

235 N. Main Street, Suite 11, Spring Valley, NY 10977

p: 845-425-0009 | f: 845-425-5312

info@rocklandchildcare.org | childcarerockland.org

Office Hours: M-F 8:30 am –5:00 pm



# Register Via Mail / Registrarse Por Correo



Name/Nombre \_\_\_\_\_

Home Phone/Número de teléfono en la casa \_\_\_\_\_

E-mail/Correo electrónico \_\_\_\_\_

Name of Program/Nombre del programa \_\_\_\_\_

Program Address/Dirección del programa \_\_\_\_\_

Program Phone/Número de teléfono del programa \_\_\_\_\_

Program E-mail/Correo electrónico en del programa \_\_\_\_\_

**Phone numbers will be used if a seminar is cancelled or postponed.  
Los numeros de teléfono serán utilizados en caso de que el taller sea cancelado o aplazado.**

Date/Time	Title	Fee
Fech/Hora _____	Nombre de la clase _____	Pago _____

Date/Time	Title	Fee
Fech/Hora _____	Nombre de la clase _____	Pago _____

Date/Time	Title	Fee
Fech/Hora _____	Nombre de la clase _____	Pago _____

**Please include payment or EIP award notification with this registration form!  
¡Por favor incluya el pago o la notificación de recompensa EIP con este formulario de inscripción!**

Mastercard  Visa  Discover  Check Money Order/Cheque/Money Order  Scholarship, EIP, Coupon | Beca, Solicited de pago EIP/Cupon

\_\_\_\_\_  
Name as it appears on credit card/ Nobre tal como aparece en la tarjeta de crédito

Credit Card #/ Tarjeta De Crédito Visa, Mastercard, or Discover (16 digits/numerous)	Expiration Date/Fecha de Expiración	CVC# (last 3 digits on back of card/ 3 últimos numeros en la parte posterior de la tarjeta
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\_\_\_\_\_  
Billing Address/Dirección de Cobro de la Tarjeta De Crédito

\_\_\_\_\_  
Signature/Firma